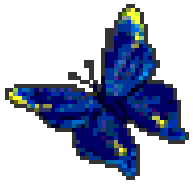
✣ THE EPISCOPAL CHURCH OF THE HOLY CROSS ✣

Lent: The giving up of what we are,

so that we might become what we are meant to be.



Notes on our worship:

Lent calls us to serious self-examination in the light of God's mercy towards us and expectations of us. It invites us to address the things that keep us from wholehearted response to God, and to dedicate ourselves more fully to discerning and doing his will for us, with the help of our suffering Lord Jesus Christ and his Holy Spirit. We often think of Lent as a time for 'giving up' something, usually something tangible, and perhaps something that wasn't all that good for us anyway. This year, when so many of us have given up so much, some of it not only good for us but almost essential (like going to church), let us consider Lent in the light of giving up ourselves, our whole soul and body and thought and hope, into the hands of God, in whom alone is our salvation in these tumultuous times.

This week, as is traditional, we begin our worship with the Great Litany, usually said in procession around the church. It begs God for sustenance in our trials, and for help in making life better in a world of danger, sorrow, disease and difficulty. Let it be your prayer for whatever difficulties you may be facing just now, and for the suffering of our brothers and sisters who are so much worse off than we are. We then enter upon our usual way of worship, which will be varied somewhat for each of the following Sundays – extraordinary changes for an extraordinary time.

Many thanks to all who have given up time and talent and hard work to prepare these worship experiences, especially Chris Babo, the mastermind of it all. Please let Chris and me know how you have responded to this, our first effort to bring Holy Cross's worship home to each of us individually; what was meaningful to you and what you would like us to do differently. The hope of those of us who have worked on this project is that you can use this bulletin to follow the service just as you do in church on Sundays, sing where the job is to sing, pray where we are asked to pray, listen, talk, participate in every way – and may the Holy Spirit bless our worship together and apart until we can meet again in person.

Carol

THE HOLY EUCHARIST – RITE II

The Great Litany

O God the Father, Creator of heaven and earth, *Have mercy upon us.*
O God the Son, Redeemer of the world, *Have mercy upon us.*
O God the Holy Spirit, Sanctifier of the faithful, *Have mercy upon us.*
O holy, blessed and glorious Trinity, one God, *Have mercy upon us.*

1. Remember not, Lord Christ, our offenses, nor the offenses of our forebears; neither reward us according to our sins. Spare us, good Lord, spare your people whom you have redeemed with your most precious blood, and by your mercy preserve us for ever. *Spare us, good Lord.*

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,
Good Lord, deliver us.

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity, *Good Lord, deliver us.*

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,
Good Lord, deliver us.

From all false doctrine, heresy and schism; from hardness of heart and contempt of your Word and commandment,
Good Lord, deliver us.

2. From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,
Good Lord, deliver us.

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared, *Good Lord, deliver us.*

By the mystery of your holy incarnation; by your holy nativity and submission to the law; by your baptism, fasting, and temptation, *Good Lord, deliver us.*

By your agony and bloody sweat; by your cross and passion; by your precious death and burial; by your glorious resurrection and ascension; and by the coming of your Holy Spirit, *Good Lord, deliver us.*

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,
Good Lord, deliver us.

3. We sinners beseech you to hear us, O Lord God.

That you would rule and govern your holy Church Universal in the right way, *We beseech you to hear us, good Lord.*

Illumine all bishops, priests, and deacons, with true knowledge and understanding of your Word; that both by their preaching and living, they may set it forth, and show it accordingly: *We beseech you to hear us, good Lord.*

Bless and keep all your people: *We beseech you to hear us, good Lord.*

Send forth laborers into your harvest and draw all humankind into your kingdom: *We beseech you to hear us, good Lord.*

Give to all people increase of grace to hear and receive your Word, and to bring forth the fruits of the Spirit:
We beseech you to hear us, good Lord.

4. Bring into the way of truth all who have erred, and are deceived: *We beseech you to hear us, good Lord.*

Give us a heart to love and fear you, and diligently to live according to your commandments:
We beseech you to hear us, good Lord.

So rule the hearts of your servants, the President of the United States and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth: *We beseech you to hear us, good Lord.*

Make wars to cease in all the world; give to all nations unity, peace and concord;
and bestow freedom upon all peoples: *We beseech you to hear us, good Lord.*

Show your pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed: *We beseech you to hear us, good Lord.*

5.Give and preserve to our use the bountiful earth and its fruits, that in due time all may enjoy them:
We beseech you to hear us, good Lord.

Inspire us, in our several callings, to do the work which you give us to do with singleness of heart,
as your servants, and for the common good: *We beseech you to hear us, good Lord.*

Preserve all who are in danger because of their labor, their travel or their situation: *We beseech you to hear us, good Lord.*

Preserve and provide for all women in childbirth, young children and orphans (especially those on our borders), the widowed, and all whose homes are broken or torn by strife: *We beseech you to hear us, good Lord.*

Visit the lonely; strengthen all who suffer in mind, body, and spirit;
and comfort with your presence those who are failing and infirm: *We beseech you to hear us, good Lord.*

Support, help, and comfort all who are in danger, necessity, and tribulation: *We beseech you to hear us, good Lord.*

6. Have mercy upon all humankind: *We beseech you to hear us, good Lord.*

Give us true repentance; forgive us our sins, negligences and ignorances; and endue us with the grace of your Holy Spirit to amend our lives according to your holy Word: *We beseech you to hear us, good Lord*

Forgive our enemies, persecutors, and slanderers, and turn their hearts: *We beseech you to hear us, good Lord.*

Strengthen such as do stand; comfort and help the weak-hearted; raise up those who fall;
and finally beat down Satan under our feet: *We beseech you to hear us, good Lord.*

Grant to all the faithful departed eternal life and peace: *We beseech you to hear us, good Lord.*

Grant that, in the fellowship of all the saints, we may attain to your heavenly kingdom:
We beseech you to hear us, good Lord.

7. Son of God, we beseech you to hear us. *Son of God, we beseech you to hear us.*

O Lamb of God, who takes away the sins of the world, *Have mercy upon us.*

O Lamb of God, who takes away the sins of the world, *Have mercy upon us.*

O Lamb of God, who takes away the sins of the world, *Grant us your peace.*

O Christ, hear us. *O Christ, hear us.*

Kyrie (H # S 96) : Lord, have mercy. : : Christ, have mercy. : : Lord, have mercy. : Lord, have mercy, have mercy.

THE WORD OF GOD

Collect of the day

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

First Lesson: Genesis 9:8-17 God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood and never again shall there be a flood to destroy the earth. "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth. "God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth." *Response:* ***Thanks be to God.***

Psalm 25:1-9 *Ad te, Domine, levavi* ***BCP 614***

1 To you, O Lord, I lift up my soul; my God, I put my trust in you;
let me not be humiliated, nor let my enemies triumph over me.

2 Let none who look to you be put to shame; let the treacherous be disappointed in their schemes.

3 Show me your ways, O Lord, and teach me your paths.

4 Lead me in your truth and teach me, for you are the God of my salvation; in you have I trusted all the day long.

5 Remember, O Lord, your compassion and love, for they are from everlasting.

6 Remember not the sins of my youth and my transgressions;
remember me according to your love and for the sake of your goodness, O Lord.

7 Gracious and upright is the Lord; therefore he teaches sinners in his way.

8 He guides the humble in doing right and teaches his way to the lowly.

9 All the paths of the Lord are love and faithfulness to those who keep his covenant and his testimonies.

Epistle: 1 Peter 3:18-22 Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you — not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him. *Response:* ***Thanks be to God.***

Hymn H # 150 "Forty days and forty nights" *Aus der Tiefe rufe ich*

Gospel: Mark 1:9-15 *Response:* ***Glory to you, Lord Christ.***

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the good news."

Response: ***Praise to you, Lord Christ.***

Homily ✣ ✣ ✣ ✣ ✣

WE RESPOND TO GOD'S WORD

Apostles' Creed **BCP 358**

I believe in God, the Father almighty, maker of heaven and earth;
and in Jesus Christ his only Son our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell; the third day he rose again from the dead. He ascended into heaven, and sits on the right hand of God the Father almighty. From thence he shall come to judge the quick and the dead.
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Peace The peace of the Lord be always with you. ***And also with you.***

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THE HOLY COMMUNION

Offertory H # 142 "Lord, who throughout these forty days" *St. Flavian*

The Great Thanksgiving: Prayer C BCP **369**

The Lord be with you - ***And also with you.***
Lift up your hearts: ***We lift them to the Lord.***
Let us give thanks to the Lord our God: ***It is right to give God thanks and praise.***

God of all power, Ruler of the Universe, you are worthy of glory and praise. ***Glory to you for ever and ever.***

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home. ***By your will they were created and have their being.***

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another. ***Have mercy, Lord, for we are sinners in your sight***

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and

peace. ***By his blood, he reconciled us. By his wounds, we are healed.***

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory.
: Hosanna in the highest. : Blessed is he who comes in the name of the Lord. : Hosanna in the highest. :

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord. On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers and Mothers: God of Abraham, Isaac, and Jacob, of Sarah, Hannah and Mary; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name. ***Risen Lord, be known to us in the breaking of the bread.***

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom with you and the Holy Spirit, your church gives honor, glory, and worship from generation to generation. Amen.

The Lord's Prayer BCP 364

Our Father in heaven: hallowed be your name; your Kingdom come; your will be done; on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial; and deliver us from evil; for the Kingdom and the power and the glory are yours, now and forever. Amen.

The Breaking of the Bread H # S164

Jesus, Lamb of God, have mercy on us. Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer, redeemer of the world, : grant us your peace. :

The Communion

Take the consecrated bread from its wrapper and consume it reverently, asking Jesus into your heart and life, and praying that the Body of Christ which we eat will enable us to become the Body of Christ in the world.

Prayer after Communion BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood: Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen. ✣ ✣ ✣ ✣ ✣

THE CHURCH GOES FORTH INTO THE WORLD

Blessing

Hymn H # 143 "The glory of these forty days" *Erhalt uns, Herr*

Dismissal *Response:* ***Thanks be to God.***

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